



Moving from one supported living to another

Deciding to move.



Sometimes you live somewhere which isn't right for you.

This might be because your needs have changed. For example, Jill was living in with 4 other people, she had the upstairs bedroom. Jill needed an operation on her hip. Now she needs to move somewhere with a bedroom downstairs.



Or it might be that your home can't support you in the way you need.

You might not get on with the people you live with, and want to move.



Moving could be a new chance for a new team to work with you.

- Your social worker will do an **assessment** to see if your home is the right place for you.
- If they think you should move, your social worker will help find somewhere new.



You might have to wait whilst assessments are done and for decisions to be.

This can be hard.



To help you decide whether to move, you could try thinking about the good things about moving, and the things that might be harder.

Who might be involved?

As well as yourself, a lot of different people might be involved in helping you move. Some of these people may be:



- Your family / carers
- Social worker
- Your local learning disability service if you are receiving services from them
- Community nursing
- An advocate

These are just some examples and it will be different for everybody.

How long might it take?



There is no set time for how long it can take. This will be different for everyone who is moving.

It is important that the right place is found for you so that you are happy. This can take time to find.



It can be frustrating having to wait so it is important you look after yourself during this time. The Making Positive Moves website has some helpful ideas to look after yourself whilst waiting.

