

Making positive moves: Being part of the Making Positive Moves project



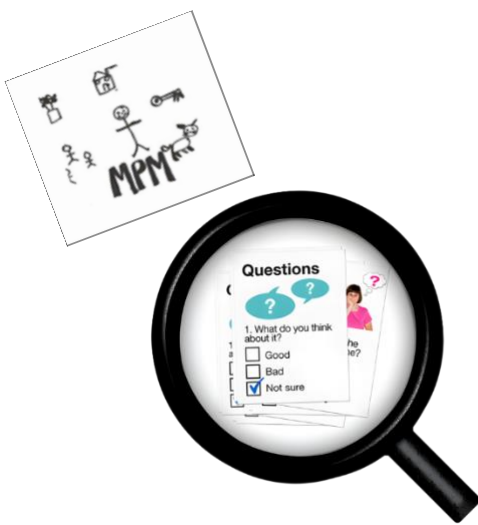
We hosted 3 workshops in June, July and August



This included people with a learning disability, their families, and people who support them



The groups helped to make resources as part of our Living My Best Life model



We asked for feedback at the end of our workshops

The feedback:



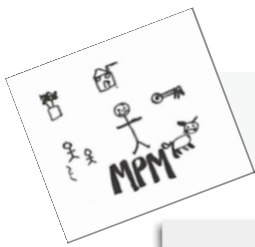
People shared that they felt listened to in the group



They felt they could share their experiences and opinions



Some people found getting to the venue, in person and online difficult



Members of the group
did not feel judged



Group members said
they felt everyone was
able to help make
decisions for the project



But some people shared
concerns that people's
comments could be
because there were a lot



Finally, group members
said they were able to
talk about things very
important to them



We want to thank everyone who joined our workshops



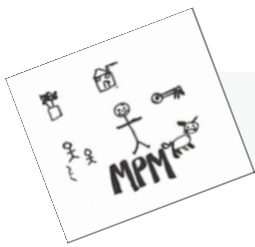
It will help us make sure the work we are doing is going to be helpful and important to people with learning disabilities



We are going to share a blog post soon about the information we got from the workshops



We would love to hear from you if you have any comments or want to share any of your thoughts



You can contact us on
social media: Facebook
(Making Positive Moves),
Twitter
(@moves_positive), and
Instagram
(@makingpositivemoves)

You can also email us at:
[hello@makingpositivemo
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