

# Making Positive Moves: Toolkit Launch Event



We had a launch event on Wednesday 1<sup>st</sup> July 2026.

We launched the Making Positive Moves toolkit.



The launch was online.

Lots of different people joined.

This included:

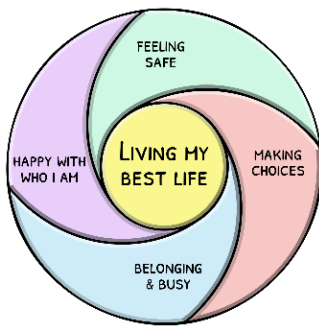
- researchers
- people with learning disabilities
- carers
- health and social care professionals



The Making Positive Moves toolkit is based on the Making Positive Moves findings.

For our research, we talked to people who had moved out of hospital into their own homes.

We asked them what had gone well, and what had not gone well.



We used the findings to make a model for what is important after moving out of hospital.

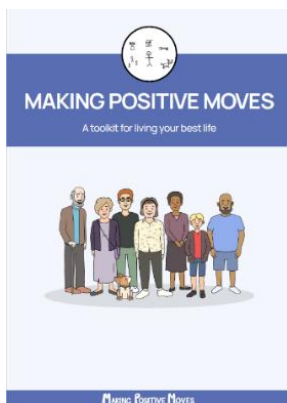
The 'Living My Best Life' model shows the four things that people need to live their best lives in their own home after discharge. We called these for things someone's "foundations".

## How was the toolkit created?



We worked with people with learning disabilities and their support networks to create the toolkit.

## What happened at the launch event?



The Making Positive Moves team presented the toolkit.

They explained what the toolkit is, what it looks like, and what is inside it.

## Questions and discussions



After presenting the toolkit, people asked questions and shared what they thought about the toolkit.



Some people asked about how people with learning disabilities can be involved in planning and decision-making.



Some people talked about how this toolkit can be used with other assessments already used for people with learning disabilities.



Some people spoke about the challenges people with learning disability face when moving back into the community.



They also spoke about the challenges of finding a home and getting the right support.



Family carers spoke about the challenges of supporting someone after discharge from hospital.



Some family carers said that people can be distressed when they are in hospital or moving.

It can be a difficult time.

This can make it hard to involve people in planning their support.



We also think the toolkit could help plan and manage services for people with learning disabilities.



It was nice to hear that everyone talked about how the toolkit could help people with learning disabilities in the future.

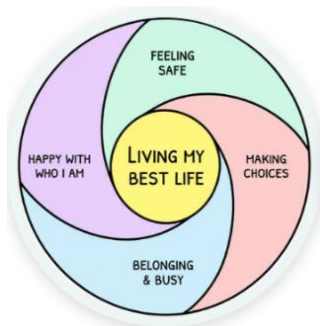
## Find out more



### Event recording:

You can watch the event's recording on our YouTube channel:

<https://youtu.be/oq8weMimfqQ?si=4Hmvf4bwF7C3aAuC>



Our toolkit



### How to get a copy of the Toolkit:

You can get an online or printable copy of the toolkit from our website:

[Making Positive Moves website](#)

The website also has a video about how to use the toolkit: [How to Guide](#)

## Getting in touch



You can contact us on social media:  
Facebook  
(Making Positive Moves),  
Twitter  
(@moves\_positive), and  
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You can also email us at:  
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